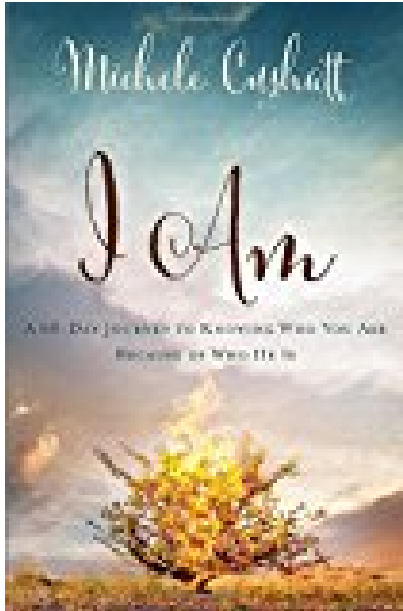


I Am A 60-Day Journey to Knowing Who You Are Because of Who He Is



BOOK DETAILS

- Author : Michele Cushatt
- Pages : 288 Pages
- Publisher : Zondervan
- Language : English
- ISBN : 0310339804

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BOOK SYNOPSIS

From the moment a woman wakes until she falls, exhausted, on her pillow, one question plagues her at every turn: Am I enough? The pressure to do more, be more has never been more intense. Online marketing. Self-help books. Movies, magazines and gym memberships. Even church attendance and social media streams have become a means of comparing ourselves to impossible standards. Am I pretty enough? Hip enough? Spiritual enough? We fear the answer is “No.” When a brutal bout with cancer changed how she looked, talked, and lived, Michele Cushatt embarked on a soul-deep journey to rediscover herself. The typical self-esteem strategies and positivity plans weren’t enough. Instead, she needed a new foundation, one that wouldn’t prove flimsy when faced with the onslaught of day-t-day life. With raw personal stories, rock-solid biblical teaching, and radical truths on which to rebuild your life, I Am will help you:

- End the barrage of negative self-talk with an empowering new narrative.
- Refuse to ride the rollercoaster of others’ opinions and start believing what God’s says about you.
- Stop agonizing over past regrets and failures and make peace with God’s sovereign plan for your life.
- Leave insecurity behind as you exchange temporary fixes for an identity established on God’s unchanging affection.

I Am reminds us that our value isn’t found in our talents, achievements, relationships, or appearance. It is instead found in a God who chose us, sent us, and promised to be with us—forever.

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